



TAIPING HALF MARATHON 2026

RACE GUIDE

#TheRhythmofTaiping



TAIPING HALF MARATHON 2026

WELCOME

Dear Participants, Welcome to the Taiping Half Marathon 2026!

We are delighted to welcome runners from more than 20 countries to the beautiful heritage town of Taiping. Thank you to our sponsors, partners, volunteers, agencies, and everyone who made this event possible.

Enjoy every kilometer, support one another, and make unforgettable memories. Welcome to Taiping. Welcome to the Taiping Half Marathon 2026!

See you at the starting line!

Taiping Half Marathon 2026 Organizing Committee



TAIPING HALF MARATHON 2026

SPORTS FOR ALL

at Taiping Half Marathon, we believe sport has the power to inspire, unite, and create positive change.

Through our CSR initiative, we provide complimentary race entries for Persons with Disabilities (OKU) and children from orphanages, giving everyone the opportunity to experience the joy of running and be part of our community. Because every runner deserves a place at the starting line. ❤️

Together, every step makes a difference.



Wilson Lee Founder of
Lee Sportswear International Sdn Bhd
& CEO, Spin Sportswear



SPIN SURGE

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GET 1 FREE**

7 - 8 AUG 2026 | TAIPING MALL LEVEL 3

TAIPING HALF MARATHON RACE KIT COLLECTION &

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White & Neon Orange Available. Mix & Match Colours & Sizes. While Stocks Last.

TAIPING HALF MARATHON 2026

OVERVIEW

A race with history, a run like no other. The Taiping Half Marathon, bringing runners through the city's scenic routes, where heritage and nature converge. Whether you're chasing a new personal best or simply embracing the journey, this is your moment to push further, run stronger, and make every stride count.

With #OwnYourNow, we challenge you to take charge of your pace, your progress, and your passion for the sport. Taiping awaits. Are you ready to own the road?



OBJECTIVE

- Promote Taiping as a running and runners' state.
- Commemorating a positive, healthy, fun lifestyle and drive Taiping local's in taking part in a beneficial event.
- Promote unity and understanding of different cultures through sports in Taiping as well as Malaysia.
- To boost the Taiping tourism industry and showcase the essence of Taiping, Perak.
- Thriving and spearheading a professionally orchestrated event with the local running community.





#OWNYOURNOW

ZERON

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FOR ENDURANCE CUSHIONING

RM199.00

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TAIPING HALF MARATHON 2026

EVENT DETAILS

Event: Taiping Half Marathon 2026

Date: 9th August 2026

Venue: Dataran Warisan, Perak

Categories:

- 21KM Men's Veteran / Open
- 21KM Women's Veteran / Open
- 10KM Men's Veteran / Open
- 10KM Women's Veteran / Open
- 5KM School Category
- 5KM Fun Run



TAIPING HALF MARATHON 2026

RACE ENTRY PACK COLLECTION

Race Kit Collect: Taiping Half Marathon 2026

Date: 7th & 8th August 2026 (10am – 6pm)

Venue: Taiping Mall, Level 3

STEP 01 – COLLECT RACE CONFIRMATION SLIP

Show your Race Confirmation email or valid photo ID for verification.

STEP 02 – COLLECT RACE BIB & EVENT TEE

Present your Race Confirmation Slip from Counter A to collect your race entitlements.

STEP 03 – VISIT OUR SPONSORS & PARTNERS' BOOTHS

Explore exclusive deals and stock up on your running essentials.



WHEN THE FIRE'S OUT ..
IT'S TIME TO

REFUEL!



3-Carbohydrate source for quick and lasting energy

Delicious and easy to digest texture for a **quick and yummy** finish!

For activities such as marathons and running, use one N8 Refuel Energy Gel for every one hour of energy. It comes in an easy environmental friendly cap that can be opened and sealed at your convenience. Contains electrolytes for body hydration. Available in Apple, Mango, Lychee, Orange, Berry, Lime and in the all new 2025 flavor - Pineapple!

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sports nutrition



#RASAKANKUASA!

N8 SPORTS NUTRITION PROVIDES ATHLETES WITH
THE FINEST PRODUCTS THAT ARE SAFE, EFFECTIVE
AND MOST OF ALL - DELICIOUS TO CONSUME!

N8
sports nutrition

ENTITLEMENTS

#	ENTITLEMENT	21KM	10KM	5KM
1	T-Shirt	✓	✓	✓
2	Bib Number	✓	✓	✓
3	Timing Chip	✓	✓	-
4	Finisher Medal	✓	✓	✓
5	E-Certificate	✓	✓	✓
6	Finisher T-shirt	✓	-	-
7	Lucky Draw	✓	✓	✓
8	Light Refreshment	✓	✓	✓
9	Winner Trophy	Top 10	Top 10	-
10	Cash Prizes	Top 3	Top 3	-



21KM PRIZES



21KM	1st	2nd	3rd	4th-10th
A - Men Open	RM1000	RM700	RM500	Trophy
B - Men Veteran	RM1000	RM700	RM500	Trophy
C - Women Open	RM1000	RM700	RM500	Trophy
D - Women Veteran	RM1000	RM700	RM500	Trophy

- All winners must complete in-person verification.
- Winners must be present to collect their prizes.
- Prizes will not be delivered after the race.
- The organizer reserves the right to reject or disqualify any winner at its discretion.

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Sweetener



100%
NATURAL
FLAVOURING

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10KM PRIZES



10KM	1st	2nd	3rd	4th-10th
E - Men Open	RM400	RM200	RM100	Trophy
F - Men Veteran	RM400	RM200	RM100	Trophy
G - Women Open	RM400	RM200	RM100	Trophy
H - Women Veteran	RM400	RM200	RM100	Trophy

- All winners must complete in-person verification.
- Winners must be present to collect their prizes.
- Prizes will not be delivered after the race.
- The organizer reserves the right to reject or disqualify any winner at its discretion.

5KM PRIZES



5KM SCHOOL	TOP 5
K - Secondary School Boys	Trophy
M - Secondary School Girls	Trophy
N - Primary School Boys	Trophy
P - Primary School Girls	Trophy

- All winners must complete in-person verification.
- Winners must be present to collect their prizes.
- Prizes will not be delivered after the race.
- The organizer reserves the right to reject or disqualify any winner at its discretion.



MS 1500
1009-01/2004



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RE-ENERGIZE

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WORTH ^{YOUR} THIRST



WINNERS' VERIFICATION

Check-in: 9 August 2026, from 8:00 AM Secretariat Tent, beside System Tent

Bring:

- Original NRIC / Passport
- Original Bib

Prize Giving:

- 21KM & 10KM – Top 10
- 5KM – Top 5

Verification is required before prize collection.



TAIPING HALF MARATHON 2026

RUNNERS TEE





**TASTY GOODNESS
IN EVERY DROP**



**LAZATNYA
KEBAIKAN**

TAIPING HALF MARATHON 2026

FINISHER TEE



TAIPING HALF MARATHON 2026

FINISHER MEDAL





NATURAL TURMERIC GOODNESS

Maintain good health

Available at all leading pharmacies.



MAL21076060NCR

MAL13035015TCR

MAL06061493T
Traditionally used to
relieve joint pain.

MAL21066067NCR
Used as a health
supplement.

PEARLY TAN
Olympian Badminton Player
VITAHEALTH AMBASSADOR



RUNNING ROUTE



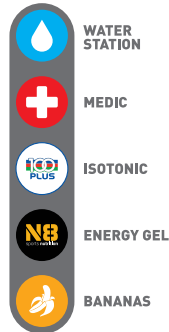
21KM

FLAG OFF TIME:

4.30AM

CUT OFF TIME:

4.50 HOURS



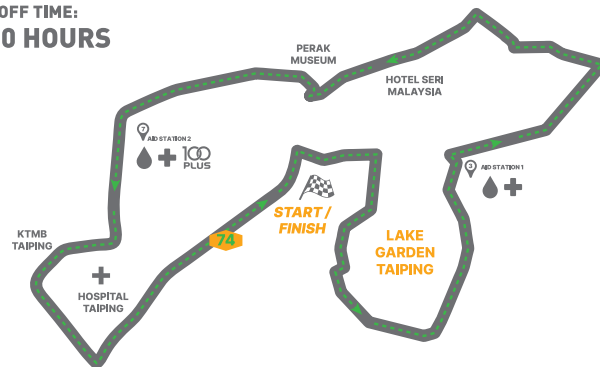
10KM

FLAG OFF TIME:

6.30AM

CUT OFF TIME:

2.50 HOURS



RUNNING ROUTE

5KM

FLAG OFF TIME:

7.00AM

CUT OFF TIME:

2.00 HOURS



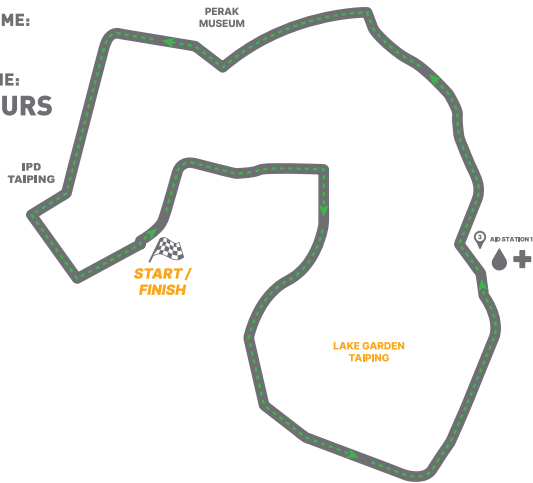
WATER
STATION

MEDIC

ISOTONIC

ENERGY GEL

BANANAS



Elevation

11 m
Ascent

11 m
Descent

0

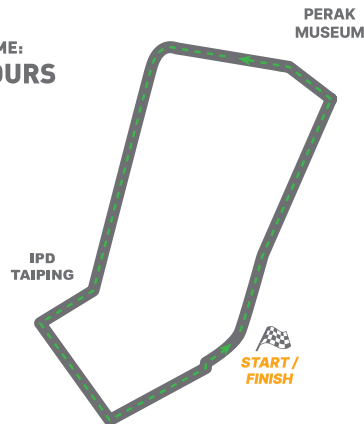
2KM

FLAG OFF TIME:

7.15AM

CUT OFF TIME:

1.45 HOURS



Elevation

3 m
Ascent

3 m
Descent

0





TAIPING HALF MARATHON 2026

GPX READY



21KM

Flag off Time
4.30AM

Cut off Time
4.50 HOURS



10KM

Flag off Time
6.30AM

Cut off Time
2.50 HOURS



5KM

Flag off Time
7.00AM

Cut off Time
2.00 HOURS



STATIONS



21KM WATER | KM3, KM6, KM9, KM12, KM15, KM18

10KM WATER | KM3, KM7

5KM WATER | KM3

21KM MEDIC | KM3, KM6, KM9, KM12, KM15, KM18

10KM MEDIC | KM3, KM7

5KM MEDIC | KM3

21KM ISOTONIC | KM6, KM12, KM18

10KM ISOTONIC | KM7

ENERGY GEL | KM9 *(only for 21KMRunners)*

BANANAS | KM12 *(only for 21KMRunners)*

SURAU | Dataran Warisan Taiping (MPT Surau)
Masjid Jamek Kamunting (KM11)
Mobile Surau (KM13)
Surau Al-Islahiah, Kampung Assam Kumbang (KM14)
Masjid Al-Hidayah, Tekah (KM17)



Brio 2+3 Seater Sofa

Only
RM1599



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PARKING & TOILETS



- | | | |
|-----------|--|---|
| PARKING 1 | | Jalan Barrack |
| PARKING 2 | | Jalan Pasar - Jalan Manecksha |
| PARKING 3 | | Jalan Tokong - Jalan Manecksha |
| PARKING 4 | | Jalan Limau Nipis |
| PARKING 5 | | Parking FMS - Parking Taman Tasek Commercial Centre |
| PARKING 6 | | Taiping Lake Garden Car Park 2 |



- | | | |
|------------|--|-------------------|
| 21KM ROUTE | | KM6, KM12 |
| 10KM ROUTE | | KM7 |
| RACE VENUE | | Toilets Available |



OUR PACERS

1HRS 45MINS



PETER YEW



KAMAL

2HRS



LYSON KEE



TONY SOO

2HRS 30MINS



ONG SHI CHI



MC LOON

3HRS



NOOR SUHAILA



AHMAD

3HRS 30MINS



NAZREEN



NIZAM

4HRS



SANI



AFIDAH

4HRS 30MINS



YUSRAN



SYAFIQAH

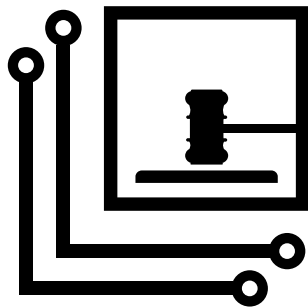


LUCKY DRAW REMINDER

- 1 BRING YOUR TICKET**
Your lucky draw ticket is inside your race goodies bag.
- 2 DROP YOUR TICKET**
Tear off the detachable portion and place it in the Lucky Draw Box before the lucky draw session.
- 3 KEEP YOUR STUB**
Keep the remaining portion for prize redemption if your number is selected.

**DON'T MISS YOUR
CHANCE TO WIN EXCITING PRIZES!**





LEE LAW OFFICE

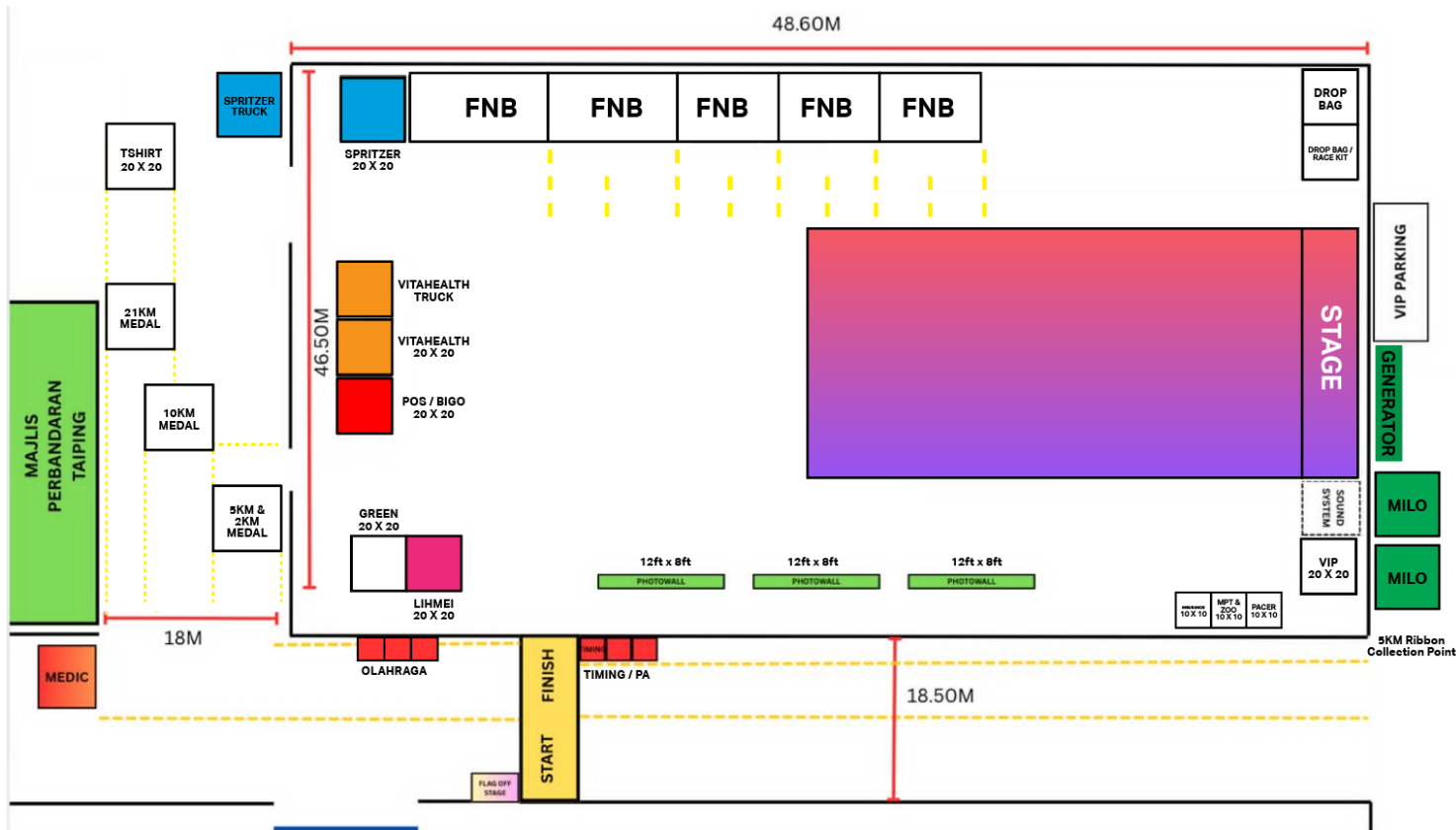
ADVOCATES & SOLICITORS

—— 李 律 师 事 务 所 ——

P E N A N G

B A Y A N L E P A S | B U K I T M E R T A J A M | B A T U K A W A N

RACE VILLAGE



TAIPING HALF MARATHON 2026

PARTNERS



Organized by



Official Apparel



5KM Presented by



Supported by



Technical Supported by



REPC Venue by



Official Hydration by



Sports Nutrition



Official Isotonic by



Official Health Supplement Partner



In Collaboration





寶地山莊





Thank you.